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Carlsbad Community Volunteers • August 2008

## SPECIAL OPPORTUNITIES

Area code 760 unless otherwise noted.



### Senior Center Fitness Room

The brand new fitness room is open at the Senior Center. Volunteers with some experience on gym equipment are needed to orient new users, provide information, ensure safety rules are followed and report maintenance problems. Must be able to work a four-hour shift each week Monday through Friday. Contact Jack at [jrisl@ci.carlsbad.ca.us](mailto:jrisl@ci.carlsbad.ca.us).

### Snores and S'mores

Imagine hundreds of tents as far as the eye can see. It must be the fantastic annual family camping adventure called Snore and S'mores. Join us this year at Stagecoach Community Park on Saturday, August 16th. Volunteers can assist with the crafts, games and food service. Contact Natalie at 602-7511 or [Naleg@ci.carlsbad.ca.us](mailto:Naleg@ci.carlsbad.ca.us) to help out.

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## Group Readies for the

# Unpredictable

Jeff Murdoch, right, practices applying pressure to a pressure point to stop bleeding to "victim" Robert Morgan while Killarney Carnahan, in yellow sweater, applies a tourniquet to a wound. Jay Gordon, left, supervises. All are CERT volunteers.

FRED GATES

**I**n California, disasters often occur completely unannounced, with no ominous build-up – yet they require immediate action. When the next emergency hits our area, first responders will prioritize where to go first. You may need help in your neighborhood, but the first ones to assist might not be who you're expecting.

These people – engineers, nurses, graphic artists and Marines – are soon-to-be-certified members of Carlsbad's first Community Emergency Response Team (CERT). Led by Emergency Preparedness Coordinator David Harrison, this talented team of 25 volunteers has been learning basic emergency response skills including:

- Light search and rescue
- Triage and evacuation
- Extinguishing small fires.

Their reasons for committing to the program are as diverse as their backgrounds:

Twenty years with the Marines shaped Errol Ovid into a person who steps up to duty even in dangerous situations. "It stays with you" says Errol of feeling compelled to serve others. "It's my nature."

"I'm protective of my elderly neighbors," relates Shandra Knight. She learned about the CERT program through her work with safety companies and knew it was where she belonged.

John Batista has always imagined himself helping out in a disaster and has even practiced with law enforcement on mock disasters. His mantra of always being prepared goes back to his Boy Scout days and still informs him today.

Carlsbad's emergency preparedness will be significantly enhanced by this CERT group.

*"What is the city but the people?" –William Shakespeare*

## CARLSBAD NEWS FOR YOU

### Learning Center Grand Opening

Tours, live music, crafts, storytime, and refreshments in the new library facility. August 23, 10 a.m. to 3 p.m. 3368 Eureka Place.

### MS 3-Day Challenge Walk

Fundraiser for National Multiple Sclerosis Foundation. Starts at Carlsbad Flower Fields, 5704 Paseo Del Norte. Friday, September 5, 7:30-11:30 a.m. For more information go to: [www.MSwalk.com](http://www.MSwalk.com).

### ArtSplash 2008

A celebration of the arts centered around the European tradition of chalk art street painting. This event includes artistic displays and demonstrations, hands-on activities for all ages, street entertainment, continuous music and great food. September 20-21, Armada Drive, above the Flower Fields.

### Batiquitos Lagoon Foundation

Take advantage of the rare chance to kayak Batiquitos and help clean up the lagoon at the same time. This popular event will take place September 21st and 22nd, from 7 a.m. to 4 p.m. Boats launch every 2 hours. Cost is \$30 per person. Sign up early! For information go to: [www.batiquitosfoundation.org](http://www.batiquitosfoundation.org)

## SPECIAL OPPORTUNITIES

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### Build a Trail

To celebrate National Public Lands Day we will build a new trail in Carlsbad. Join us on Saturday, September 27 from 8 a.m. to noon for some serious trail building. For more information go to [www.carlsbadca.gov](http://www.carlsbadca.gov) and search for the Trail Calendar.

### Golf Course

Enjoy the beautiful The Crossings at Carlsbad Golf Course as you volunteer to greet and assist the golfers. You must be able to volunteer for two shifts per week to receive benefits. Contact Sue at [sirey@ci.carlsbad.ca.us](mailto:sirey@ci.carlsbad.ca.us) or 434-2929 for more information.

# Carlsbad Couple Travels With Purpose

"You get back so much more than you give."



Pat and Terry Parsons at Angkor Wat.



Dr. Charles Higham instructs Pat Parsons on preparation of Iron Age artifacts for detailed in situ photography.

Imagine investigating archaeological evidence of lost cultures and discovering clues that will help us understand how ancient people lived and died? Carlsbad couple Pat and Terry Parsons can tell you what that's like, and they're not scientists.

Wanting to make a lasting difference, the Parsons have made it tradition to combine vacationing with volunteering. On one trip through Earthwatch Institute, the Parsons traveled to Ban Non Wat in northeast Thailand. Working as field assistants uncovering artifacts, they had the privilege of working at a recently discovered burial site covering the Bronze and Iron Ages.

When Pat unearthed the elbow of a small child she knew it was of significance. The Parsons have a family knack for finding the obscure. Terry went on to excavate the top cranial portion of a baby's skull – it was one of the first human remains from the Bronze Age discovered at Ban Non Wat.

Working alongside locals, sightseeing and eating delicious Thai food are just some of the other perks from this weeklong adventure. And although the

Parsons worked hard on their vacation, Terry is not being disingenuous when he says, "You get back so much more than you give."

The Parsons have also taken trips through Peacework International and Habitat for Humanity to destinations as diverse as Russia, Kenya, Ecuador, India, New Orleans, LA and Anchorage, AK.

If making a difference while touring the world is part of your dream, drop by the Volunteer Office at 1200 Carlsbad Village Drive and use a searchable database to see some of the possibilities.



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